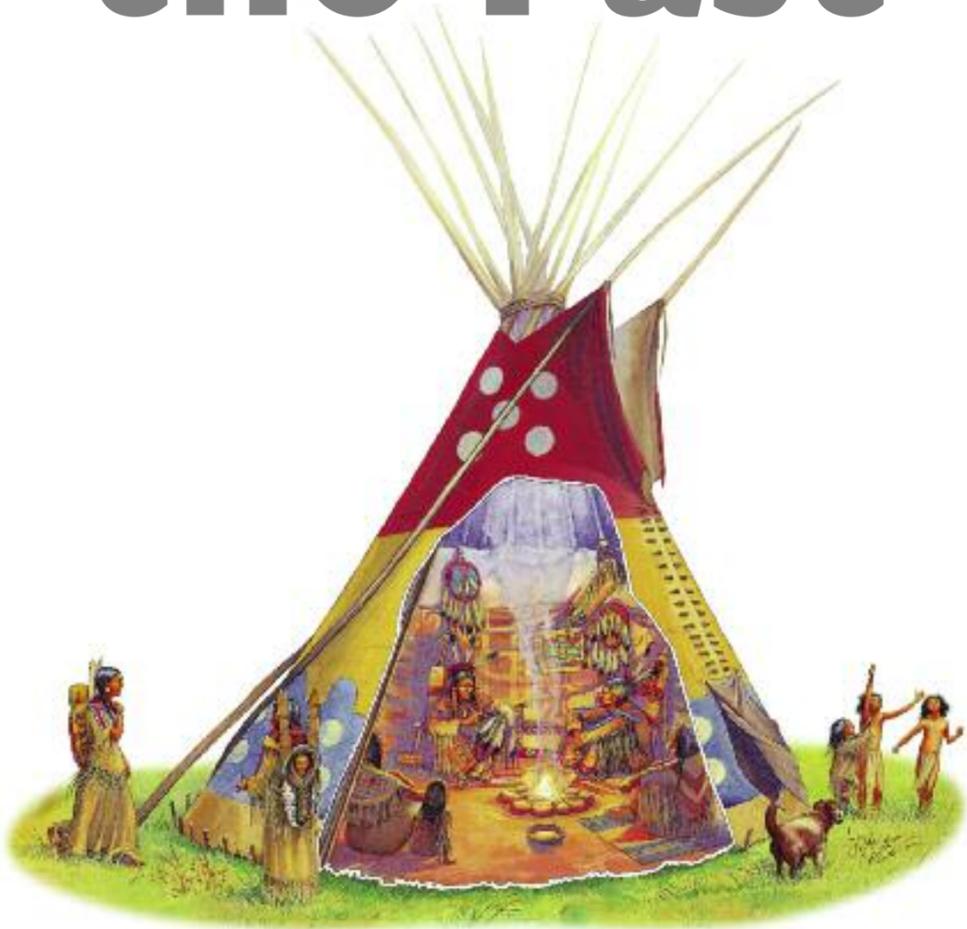


My First Library of Knowledge

Living in the Past



 Orpheus

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INTRODUCTION

IMAGINE you could travel back to 1000 years ago. You might visit the seafaring Vikings, or march alongside crusading knights in Jerusalem. Moving on hundreds of years, you could drop in on the Inca Empire, sail the South Seas with Captain Cook, or explore the Wild West. What was it like to live in these exciting places so many years ago?



THE VIKINGS

THE VIKINGS lived around a thousand years ago in Norway, Sweden and Denmark. They were skilled sailors and craftspeople. In their famous longboats they explored as far as North America. They were also warlike and often raided coastal towns and villages.

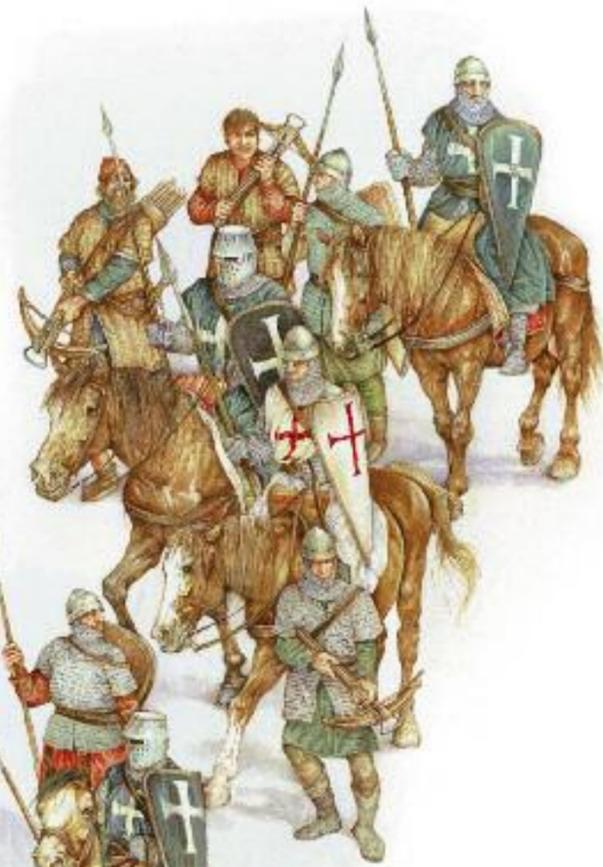
LIFE IN A VIKING TOWN

The harbour was the most important place in a Viking town. Here, boats were loaded and unloaded with goods and animals. Markets were held on the quay. Nearby, boat-builders, potters, leatherworkers, carpenters and other craftspeople were busy in their workshops. Their cottages had walls made of wood and thatched roofs.



THE CRUSADES

THE CRUSADES were wars between Christians and Muslims. They began when the great Christian city of Constantinople was threatened by a Muslim invasion in the 11th century.



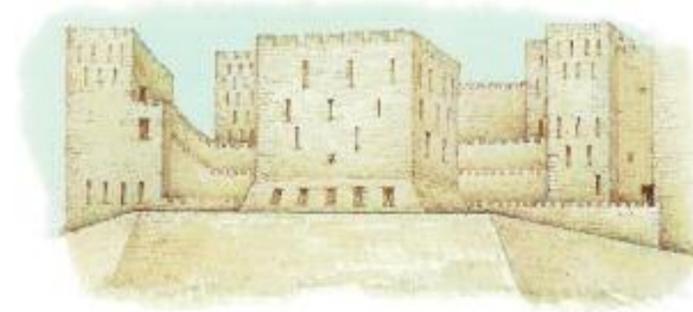
CRUSADERS

From all over Europe, knights and ordinary men volunteered to be crusaders. They formed armies and set off for Constantinople. They fought many battles and, in 1099, captured the holy city of Jerusalem from Muslim forces. The crusaders held on to it for nearly 100 years.



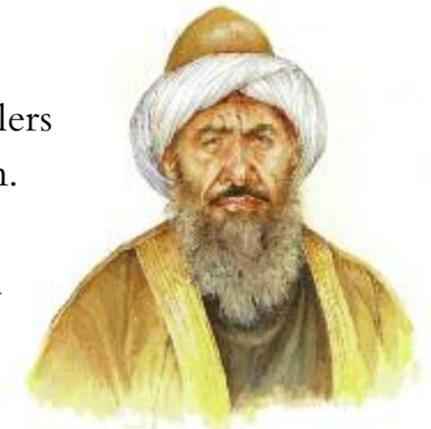
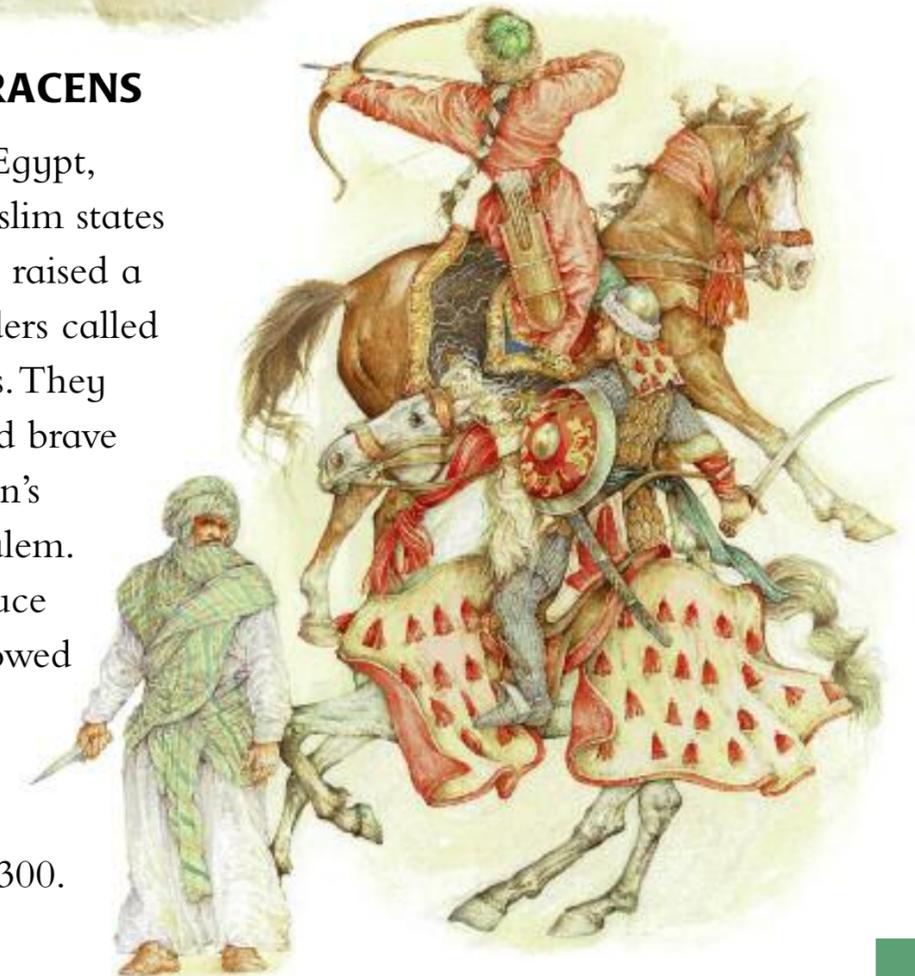
CASTLES AND FIGHTING MONKS

The Knights Templar and the St John's Hospitallers were crusaders dedicated to defending Jerusalem. They were known as fighting monks and built great castles (*below*) to protect the land they had gained around Jerusalem. The Hospitallers also tended the wounded.



SALADIN AND SARACENS

Saladin, the Sultan of Egypt, united many small Muslim states in the Middle East and raised a great army. The crusaders called these Muslims Saracens. They were fine horsemen and brave fighters. In 1187 Saladin's army recaptured Jerusalem. Saladin organized a truce but other crusades followed and land in the area changed hands more times. The crusades finally ended around 1300.



Saladin was a deeply religious and honourable man. He was also a great military leader and won many battles against the crusaders.

A MEDIEVAL CASTLE

CASTLES WERE built by kings and lords to defend their lands. They had thick, high walls

with battlements, and were often surrounded by a moat. The main building was called a keep.

LIFE IN A CASTLE

The keep was where the lord and his family lived. They dined in the Great Hall. The lord's servants worked in the forge, kitchens and stores as well as the stables in the bailey—the castle courtyard.

A knight served a king or lord as a soldier. He underwent many years of training to learn fighting skills. Knights were expected to follow a code of chivalry. They took part in tournaments, where jousting contests were held.



A CITY IN THE MIDDLE AGES

LIFE WAS busy in a medieval city. Lots of people lived and worked here. Strong stone walls protected the city and

guards controlled who came through its gates. Inside, buildings were crammed together along narrow, winding streets.

LIFE IN THE CITY

A medieval city was a very dirty, smelly and noisy place! The crowded streets were full of shops. The busy markets sold food grown in farms outside the city. Merchants brought silks, spices

and precious metals from abroad. City craftspeople, such as potters and blacksmiths, made goods to trade with the merchants. People came from miles around to pray in the cathedral. Its huge size showed everyone how very rich the city was.

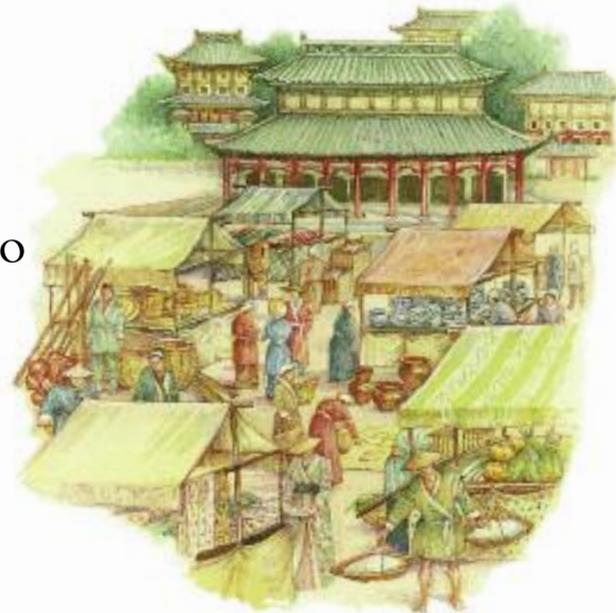


CHINA IN THE MIDDLE AGES

CHINA was the richest country in the world in the Middle Ages. But it was always threatened by tribes to the north. In the 1200s, the Mongols conquered China.



Kublai Khan loved hunting and was a great horseman. He often hunted with a leopard that rode with him on the back of his horse.



CHINA'S CAPITALS

Chang'an was China's first capital city. It stood at the beginning of the Silk Road, a trading route between East and West, in central China. It had great palaces, fabulous pagodas and beautiful gardens. The new Mongol emperor Kublai Khan made Cambaluc (Beijing) in the far north his main capital city.

Most people in medieval China were farmers. The crops they grew fed not only themselves but also the army and people in the cities.



Kublai Khan was the first foreign emperor of China. He was a very wise and tolerant ruler.



MARCO POLO

Kublai Khan encouraged foreign visitors to his magnificent court. Marco Polo came from Venice in 1275. He was the emperor's loyal servant for 18 years and travelled round the Chinese Empire.



Marco Polo and his father and uncle bow low before Kublai Khan. Marco wrote a bestselling book about his amazing travels.

SUMMER PALACE

Kublai Khan's summer palace at Shangdu was the most splendid. It had marble and gold walls and its golden ceilings were studded with rubies and diamonds.



CHINESE JUNKS

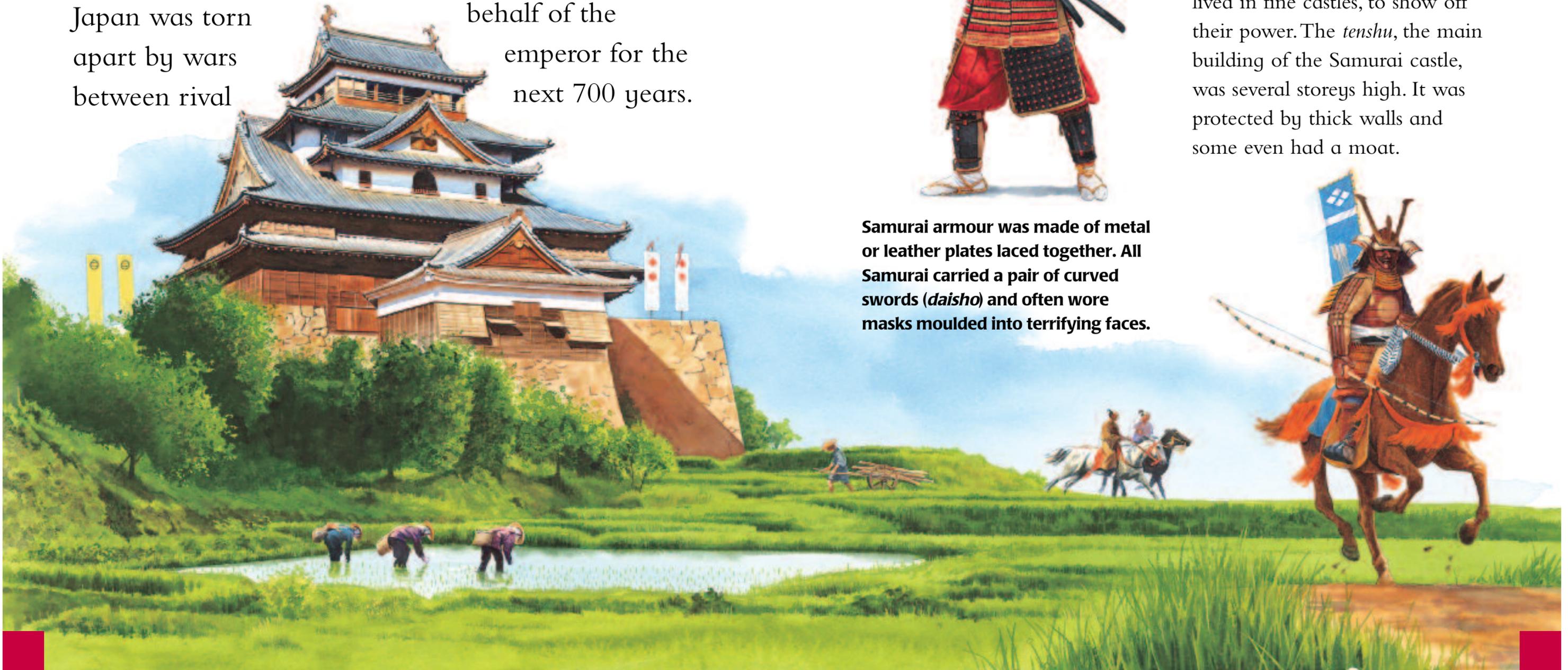
Marco Polo sailed round the coast of Asia in a sturdy Chinese boat called a junk. Junks had sails supported by bamboo masts. The largest could carry 600 people. During the 15th century, the Chinese explorer Zheng He sailed to India, Arabia and Africa in a large junk.



THE SAMURAI

THE SAMURAI were brave Japanese warriors. They became very powerful in medieval times when Japan was torn apart by wars between rival

clans. Finally, a Samurai leader took power and became the Shogun, a military dictator. The Shoguns ruled Japan on behalf of the emperor for the next 700 years.



SAMURAI CASTLES

The very first Samurai were farmers. When they were not fighting they went back to tend their farms. They became skilled in martial arts and were expert horsemen. The mightiest Samurai held high positions at court and lived in fine castles, to show off their power. The *tenshu*, the main building of the Samurai castle, was several storeys high. It was protected by thick walls and some even had a moat.



Samurai armour was made of metal or leather plates laced together. All Samurai carried a pair of curved swords (*daisho*) and often wore masks moulded into terrifying faces.



AMERICA BEFORE COLUMBUS

MANY DIFFERENT peoples lived in the Americas before they were discovered by Europeans. The Aztecs, Inca and Maya built great civilizations. These were all destroyed by the Spanish conquistadors (conquerors) in the 16th century.



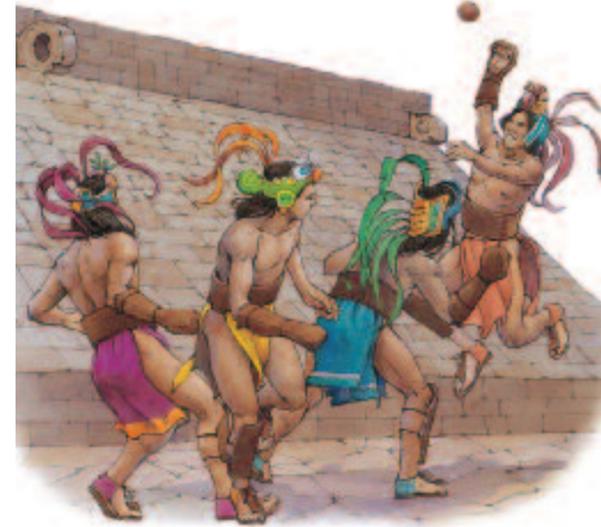
THE INCA

The Inca were a wealthy people. Their vast empire spread 5000 km through the Andes Mountains of South America. They worshipped the sun as a god.

The Incas built a network of roads across their mountain empire. Rope suspension bridges crossed deep ravines. Important people were carried along the roads in litters by servants.

THE AZTECS

The Aztecs ruled a huge area of what is now Mexico. They conquered many local tribes. They had a huge army of trained soldiers. The fearsome Jaguar warriors (*right*) were soldiers who had captured many enemies. The Aztec capital, Tenochtitlán, was a magnificent city built in the middle of a lake. The city had many temples, each built in the shape of a stepped pyramid.



THE MAYA

The Maya of Central America played a tough game where players would try to get a ball through a hoop about eight metres above the ground. They could only use their hips or elbows. The game was taken very seriously: the losers of the game were put to death!

COLUMBUS

Christopher Columbus sailed from Spain across the Atlantic in 1492. He was looking for a route around the world. When he reached the islands of the Caribbean he thought they were the East Indies and claimed the land for Spain.



PIRATES

PIRATES are people who steal from ships. From the 16th to the 18th centuries, many pirates sailed across the oceans in stolen ships. They attacked other ships, took their cargo and killed their crews. The Spanish Main (the southern Caribbean Sea) was very popular among pirates. In Europe, the Barbary Corsairs captured people to take back to North Africa to work as slaves.



Large ships, called galleons, were a favourite target for the smaller, faster pirate ships on the Spanish Main. The galleons often carried gold, jewellery and coins ("pieces of eight").

The pirate flag: the skull-and-cross-swords, or Jolly Roger.

INTO BATTLE!

Pirates would often attack a Spanish galleon by surprise. They raised the Jolly Roger only moments before they made their attack. After chasing the galleon, the pirate ship pulled up alongside. Then, armed with their cutlasses, razor-sharp, curved-edge swords, the pirates leapt aboard ship. Some pirates also carried pistols and knives.

After a fierce battle with the ship's crew, the victorious pirates threw the captain overboard. They then took all the treasure, weapons and food they could find before sailing away.



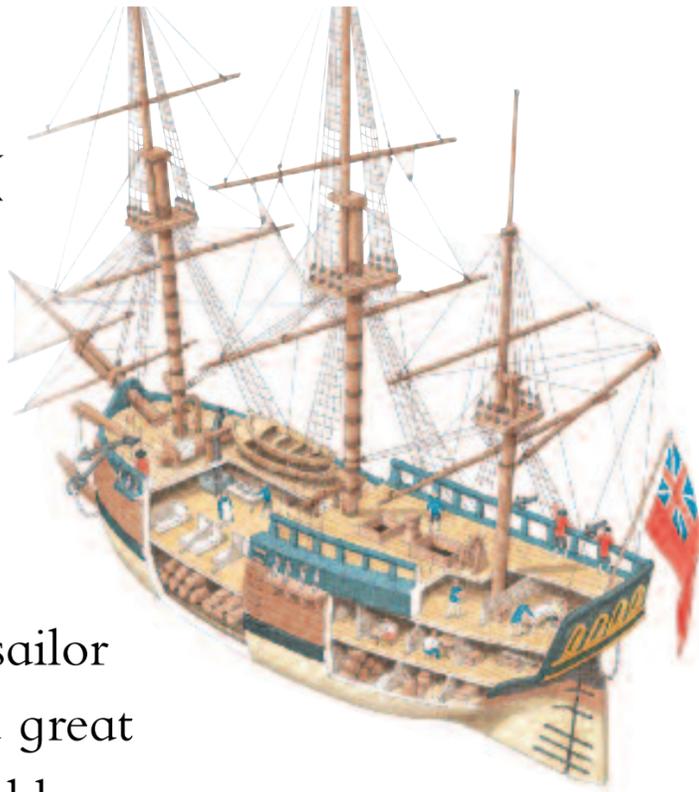
CAPTAIN COOK

IN 1768 very little was known about the South Seas. People thought there must be a huge continent there. To discover more, the British sailor James Cook was sent on a great expedition around the world.



TO THE SOUTH SEAS

Cook sailed first to the Pacific island of Tahiti, where the scientists observed the planet Venus. Next he discovered New Zealand and met the fierce Maori, seen here in their war canoes (above). Then he sailed west to Australia.



Cook's ship, *Endeavour*, was an old coal carrier. She was sturdy and slow-moving, but she had plenty of storage space for fresh food. She survived storms and even a shipwreck.



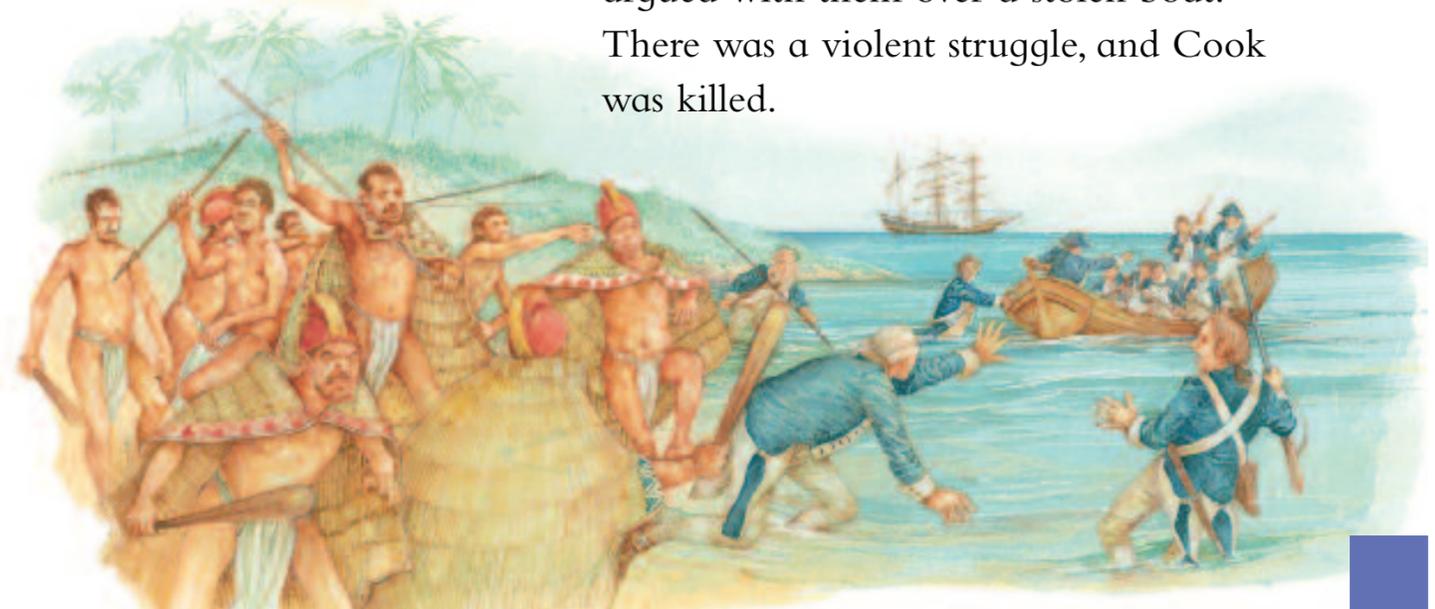
James Cook was born in Yorkshire, England, in 1728. He went to sea at the age of 18 and became one of the navy's best seamen.

Cook's men were astonished by the strange animals they saw in Australia. Cook said that kangaroos were as big as sheep and jumped like hares. He also said they were very good to eat!



LIFE ON BOARD SHIP

It was very cramped on *Endeavour*—the ceiling was so low below decks that the crew had to bend double. But Cook looked after his men well and brought *Endeavour* safely back to England in 1772. He had sailed all round the world. Cook went on two more great voyages to the Pacific Ocean. In Hawaii the native people thought he was a god. But when Cook returned there in 1779 he argued with them over a stolen boat. There was a violent struggle, and Cook was killed.



THE PLAINS INDIANS

TWO hundred years ago, the Sioux people roamed the Great Plains of North America. They lived in tribes and

hunted buffalo for food and skins. When the herds of buffalo moved on, the Sioux followed them across the Plains.

LIVING IN A TIPI

Every Sioux family lived in its own tipi—a tent made from buffalo skins stretched over a frame of poles. It could be put up and taken down again quickly and packed away when the tribe moved on. Inside the tipi was a

fire for keeping warm and for cooking. Smoke escaped through a hole in the top. Sioux men hunted buffalo on horseback with bows and arrows. Women dried or cooked the meat. They prepared the buffalo skins by scraping them and pegging them out in the sun.



Sioux chief

Inside a tipi

Travois (a carrier dragged by horses or people)

Drying meat

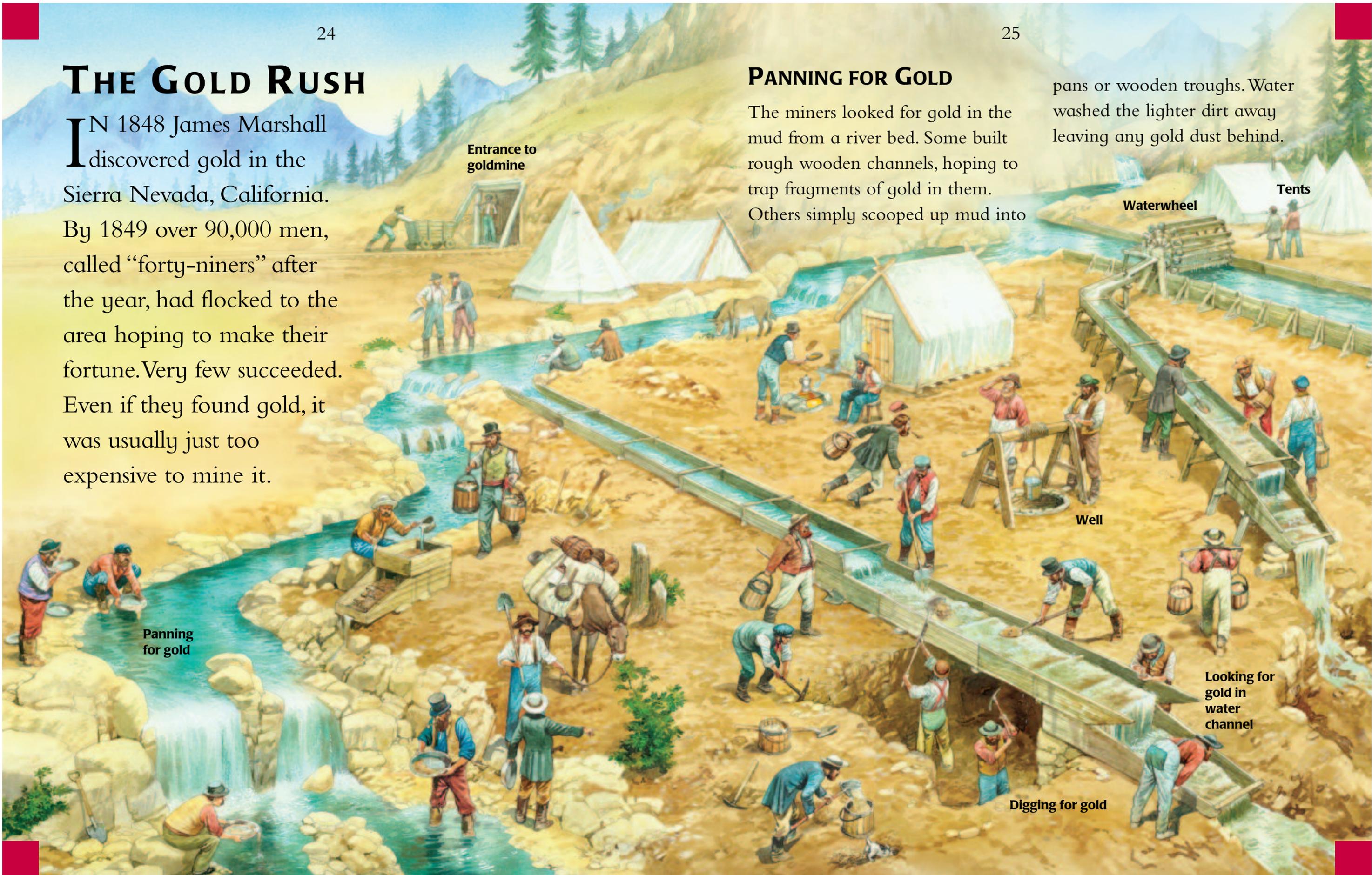
Learning archery

Scraping hides

Carrying a baby

THE GOLD RUSH

IN 1848 James Marshall discovered gold in the Sierra Nevada, California. By 1849 over 90,000 men, called “forty-niners” after the year, had flocked to the area hoping to make their fortune. Very few succeeded. Even if they found gold, it was usually just too expensive to mine it.



Entrance to goldmine

Panning for gold

Well

Looking for gold in water channel

Digging for gold

Waterwheel

Tents

PANNING FOR GOLD

The miners looked for gold in the mud from a river bed. Some built rough wooden channels, hoping to trap fragments of gold in them. Others simply scooped up mud into

pans or wooden troughs. Water washed the lighter dirt away leaving any gold dust behind.

A WILD WEST TOWN

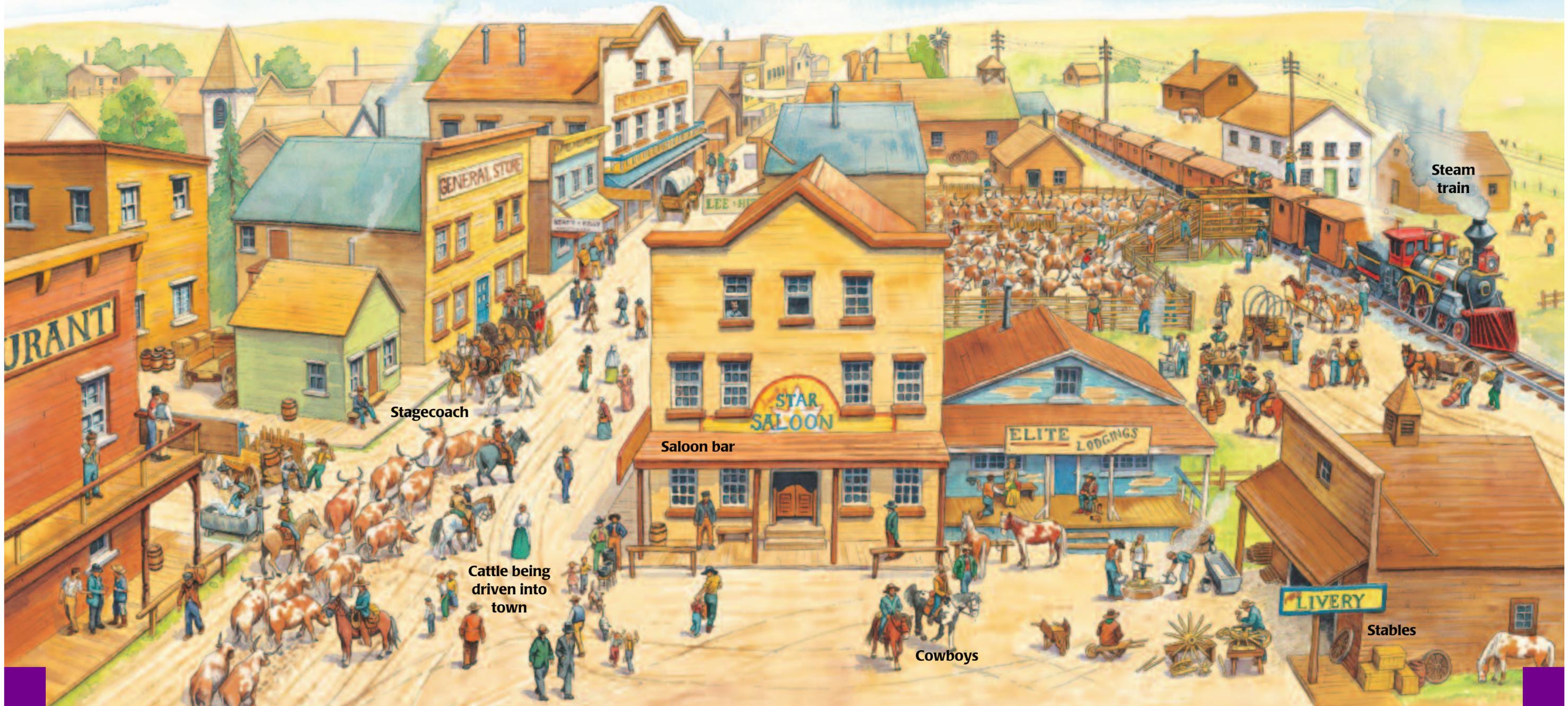
BY THE 1870s, railways linked the Great Plains to the rich cities in the East. Cowboys herded their cattle

across the Plains to the railway towns. The cattle were taken by train to be sold at market.

LIFE IN A CATTLE TOWN

Busy towns grew up on the Plains close to the railways. The cattle were driven by cowboys along cattle trails from ranches to the south in Texas. After their long journey, the cowboys often went

wild when they got to town, getting drunk and brawling in the local saloon bars and dance halls. But they also brought in money. They certainly kept the blacksmith busy re-shoeing their horses after their long ride.



A ZULU VILLAGE

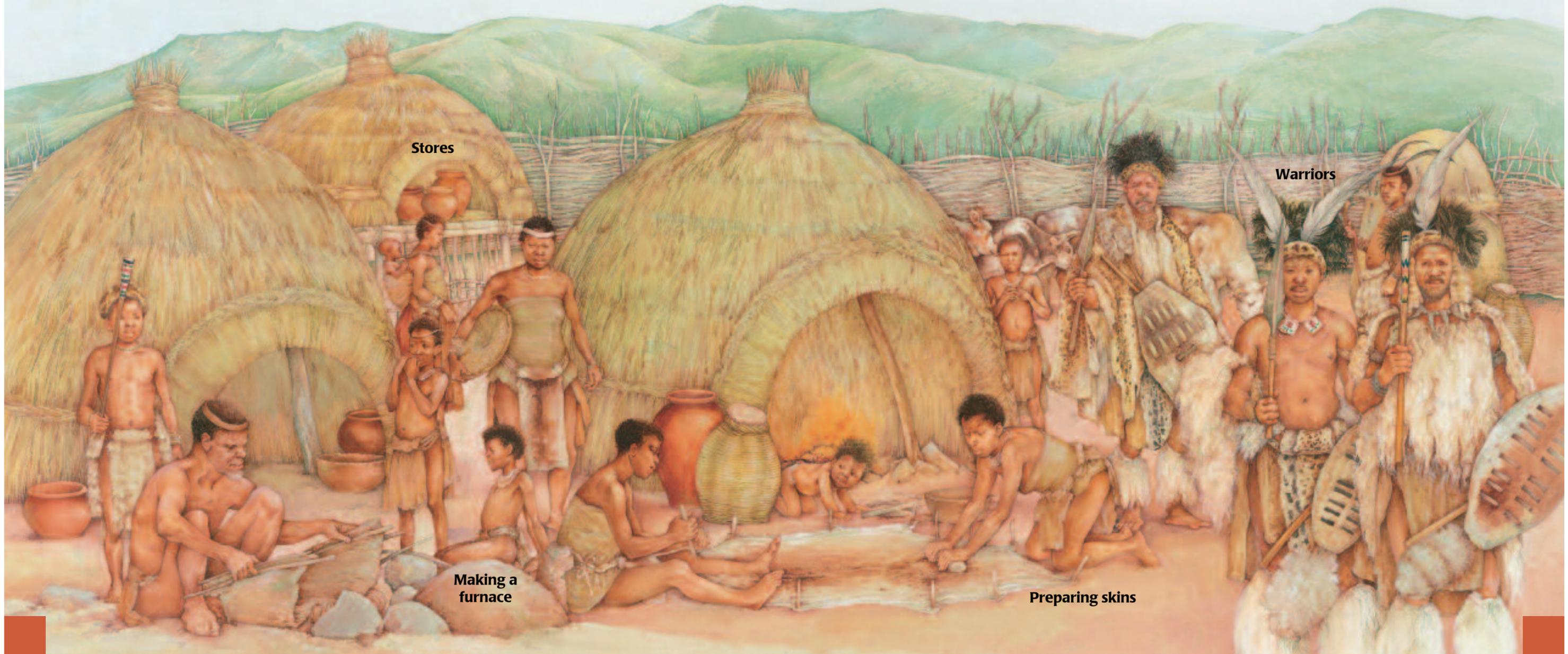
THE ZULU people of Southern Africa were farmers and warriors. Their cattle were very important to them, as

they provided both food and clothing. In the 19th century, under King Shaka, the Zulus became powerful nation.

A ZULU HOMESTEAD

In this scene, a Zulu clan is preparing for a ceremony. The chief and his warriors are dressed to do a traditional war dance. It was the job of the men and boys to look after the cattle and defend the clan. The boys learnt to be warriors too. The chief had several

wives and many children. Zulu women cared for the children, tended the crops and collected water from the river. They carried it in large pots balanced on their heads. The women made beautiful beadwork and prepared skins from the cattle to make clothes and shields.



Stores

Warriors

Making a furnace

Preparing skins

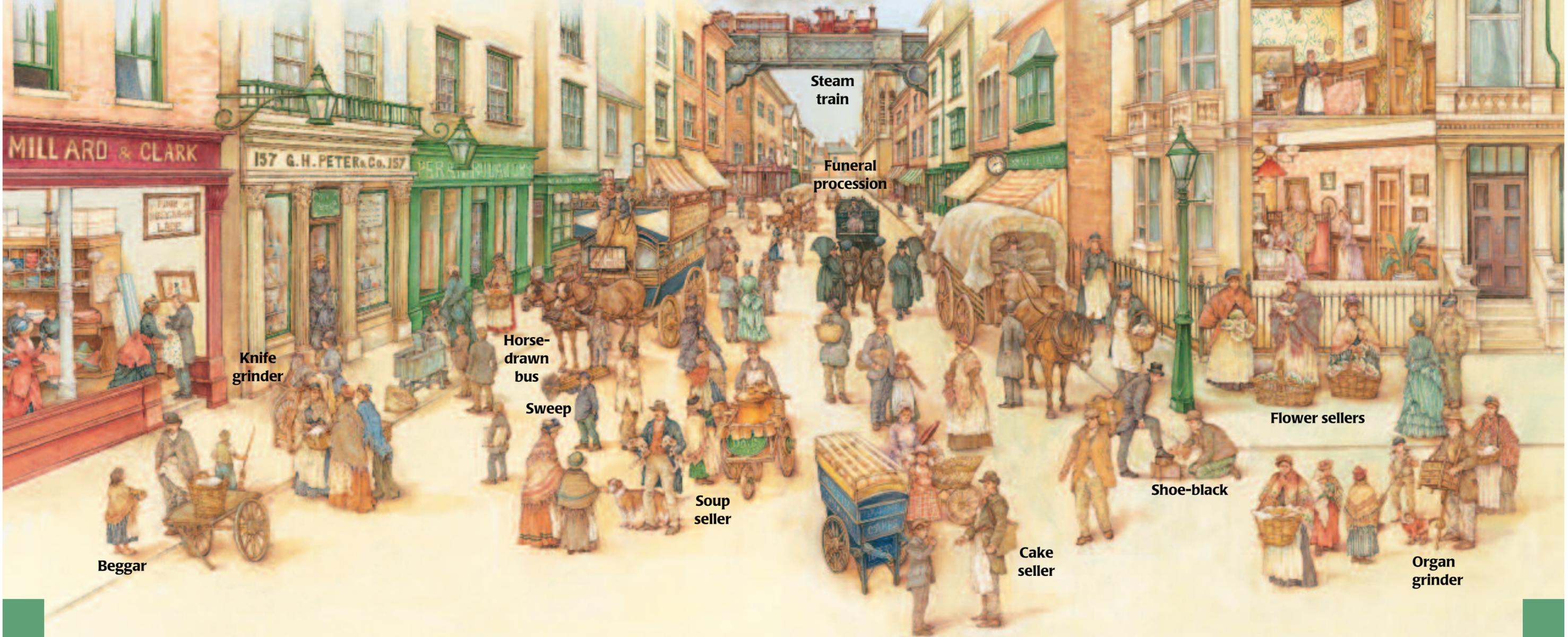
A STREET 150 YEARS AGO

CITIES grew rapidly during the 19th century in Europe and North America. With the coming of industry, workers were needed for

the new mills and factories. Railways were built to make it easier to transport people and goods. Many people moved from the countryside to the towns.

STREET LIFE

Rich and poor lived close together in Victorian times. Beggars, streetsellers, shopkeepers and chimney sweeps mingled in the streets. Steam trains brought visitors to town. Horse-drawn buses carried people to and fro.



Knife grinder

Horse-drawn bus

Sweep

Soup seller

Beggar

Steam train

Funeral procession

Cake seller

Shoe-black

Flower sellers

Organ grinder

Inside a wealthy townhouse

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